These terms and conditions apply to any bookings made with Fox in the Forest:

- 1. Bookings can be cancelled or rearranged for sessions with availability. Please email hello@foxintheforest.co.uk as soon as you can. If you give at least 48 hours' notice, we'll happily reschedule or arrange a refund. No refunds will be given for those who do not attend or whose do not give 48 hours notice.
- 2. If Fox in the Forest needs to cancel a session you will be offered an alternative date or a refund.
- 3. Participants will not be allowed to attend a session without a booking either for a private/corporate booking or booking for a workshop.
- 4. Please note dogs and other pets are not allowed for sessions, except for disability assistance dogs.
- 5. For the safety of participants, Fox in the Forest reserves the right to refuse attendance or ask individuals to leave if they appear under the influence of substances or are presenting with behaviours that impact on the session.
- 6. Fox in the Forest does not accept responsibility for any loss or damage to personal property brought to the forest unless such loss or damage is caused by us.
- 7. Fox in the Forest will not hold responsibility for any injuries incurred, if guidance is not followed, and if the disclaimer form has been completed.
- 8. Please be aware photos may take place in sessions, but we will use reasonable endeavours to ensure those who wish not to be photographed are not included in the photos and are not part of any photos used in any promotions.
- 9. Fox in the Forest recommends dressing comfortably for the weather, with layers to keep warm or cool. Waterproof shoes with a good grip are a must, and long sleeved tops, trousers and a raincoat is strongly recommended. Fox in the forest can refuse participation in the session for inappropriate clothing and footwear for safety reasons.
- 10. The sessions will run in all weathers, including rain, snow and cold. However, for safety reasons, sessions may be cancelled in strong winds.
- 11. Please consult your GP prior to attending the session if you have any medical conditions, on prescribed medications, or have any concerns about your health or fitness in participating in sessions.
- 12. Please bring any medication you need along with suntan cream and insect repellant. It is advised to bring a drink to stay hydrated; if anything extra is needed (like a journal or pen), this will be advised at time of booking.
- 13. The sessions run in a natural environment with potential risks. A risk assessment is completed prior to a session but risks can not be eliminated. There might be uneven ground, insects, low branches or sharp objects on the forest floor. All participants are required to complete forms prior to the session in terms of risks, including a disclaimer, medical and emergency contact forms. If Participants refuse to complete the forms then they will not be able to attend the session.

- 14. For Little Leaves sessions, parents are fully responsible for their children's behaviour, wellbeing and safety during the sessions, and the waiver and forms also need to be completed for your children who are attending.
- 15. If you would like to get in touch, please contact us at: hello@foxintheforest.co.uk or complete a request form found on the website www.foxintheforest.co.uk